



# Breastfeeding Buzz

December 2020

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## COVID-19 CANCELLATIONS

- All breastfeeding classes at **WIC** clinics
- Group support including **SIPPS Baby Café** and **Mother & Baby Time** at Merit Health River Region Hospital

## Breastfeeding and COVID-19 Resources

Visit the following resources for helpful information:

(1) Centers for Disease Control and Prevention (CDC) at: <https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/pregnancy-breastfeeding.html> &

(2) CHAMPS COVID-19 at: [https://www.cheerequity.org/champs\\_covid19](https://www.cheerequity.org/champs_covid19)

## BREASTFEEDING SUPPORT

**WIC's Breastfeeding Program**  
601-981-2304

**Mississippi Lactation Services**, Dr. Christina Glick, M.D. 601-932-6455

**The Infant Risk Center** 806 352-2519 Dr. Thomas Hale's helpline for medications information

**Merit Health Woman's Hospital Lactation Center** 601-933-6180 or 601-933-6493

## New Breastfeeding Friendly Law

The Friendly Airports for Mothers (FAM) Improvement Act was signed into law in November 2020. This Federal legislation extends the requirements of the FAM to small hub airports. The law will require small airports across the U.S. provide breastfeeding-friendly environments and support nursing mothers by providing accessible, clean, and convenient lactation rooms where mothers can breastfeed or pump. The requirements take effect in 2023. Over 85 organizations endorsed the legislation including: The National WIC Association, The U.S. Breastfeeding Coalition, American Academy of Pediatrics, American Academy of Family Physicians Association of Women's Health, The Association of Women's Health Obstetric and Neonatal Nurses, La Leche League USA, and Momrising. The earlier Act, the FAM, was signed in 2018 and takes effect in 2021. It requires all large and medium hub airports provide: (1) a private, non-bathroom lactation space in each terminal building and (2) a baby changing table in one man's and one woman's restroom in each terminal. Specifically, the lactation space must be accessible to persons with disabilities, located after the security checkpoint, and include an arrangement to sit, a table, or other flat surface, as well as an electrical outlet. To assist airports in making these critical renovations, the legislation has grants available to airports. The newer Improvement Act will require smaller hub airports also comply with these requirements.

## FREE EDUCATION

### December 2

9:00 – 10:00 a.m. – Medela Webinar: Breastfeeding, Human Milk and COVID-19: What Does the Evidence Say? Register at <https://www.medela.us/mbus/for-professionals/Education/Programs/Detail/779>

### December 8

2-3 p.m. – USBC Webinar: Legal Protections for Lactating Employees and Students During the Pandemic & Beyond. Register at <http://www.usbreastfeeding.org/p/bl/et/blogid=61&logaid=2268> (outlook.com)

### December 15

Great Lakes Breastfeeding Webinar: Affecting Change in Communities for Breastfeeding Success Available on demand. Register at <https://mibreastfeeding.org/webinars/>

### December 16

1:00 – 2:00 p.m. Medela Webinar: Evolution of

Hawaiian Birthing and Breastfeeding Traditions and the Influence of COVID 19. Register at <https://www.medela.us/mbus/for-professionals/Education/Programs/Detail/777>

### December 22

7:30 -9:30 a.m. School of Public Health University at Albany: Grand Rounds – Community Breastfeeding Support in the Time of Public Health Emergencies. Register at <https://ualbany-sph.informz.net/ualbany-sph/event.asp?eid=608C3502-D2B5-4789-8A95-5E1E5F34539E>

## Mississippi Breastfeeding Coalition Meeting

**December 8** 12:00 – 1:00 p.m. via Zoom

