

July
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Breastfeeding Buzz



The Mother's Milk Bank of Mississippi's Annual 5K, "We've Got Milk"



The Mother's Milk Bank of Mississippi's ("MMBM") annual fundraiser, "We've Got Milk" 5K will take place September 18, 2021 at 8 a.m. at the Flowood Nature Trail. The Mother's Milk Bank of Mississippi was founded in 2010 and dispensed its first milk in 2015. The Mother's Milk Bank of Mississippi screens donor mothers, then collects, pasteurizes, and dispenses human donor milk by physician prescription. Now the Mother's Milk Bank of Mississippi provides human donor milk to all NICUs in Mississippi, which is an amazing accomplishment. In the summer of 2020, while much was closed due to COVID, the Mother's Milk Bank of Mississippi acquired additional equipment enabling it to handle in-house analyzing. This allowed it to process more milk so it could meet all the needs in the state. Twelve depots already exist throughout Mississippi where mothers can drop off human donor milk which is then transported to the Mother's Milk Bank of Mississippi. The process of establishing another depot has already begun. Francis De La Rosa became the director in February although she began her employment at the Mother's Milk Bank of Mississippi in 2017 as a lab pasteurizer and has moved up by holding all positions there. It has a small workforce of six employees and is open Monday through Friday from 9:00 a.m. until 3:00 p.m. Volunteers are always needed to help so any medical professionals interested in service hours are welcome to call 601-939-5504 or mail director@msmilkbank.org. Although allowing volunteers became very limited during the COVID-19 pandemic, they are now welcome. The Milk Bank of Mississippi offers curbside pickup to mothers donating milk. The main fundraiser for the Mother's Milk Bank of Mississippi will have a theme this year of 90's style. Hospitals are encouraged to create their own teams which will be eligible for various prizes. For more information or to register, please visit <https://b.link/wegotmilk5k>. Race day materials can be picked up in advance from at the Mother's Milk Bank of Mississippi located at 2001 Airport Rd., Flowood, MS 39232 or the morning of the race.

FREE EDUCATION

July 7

12:00 – 2:00 p.m. USBC Webinar: USBC Technical Assistance Series: All About Advocacy. Register at <http://www.usbreastfeeding.org/p/cm/ld/fid=990>

July 13

2:30 – 3:30 p.m. IEBFC Monthly Check In. Register at <https://www.eventbrite.com/e/monthly-check-in-meetings-tickets-138847816557>

July 20

Available on Demand. Great Lakes Breastfeeding Webinar: Breastfeeding Fundamentals & the Workplace. Register at <https://mibbreastfeeding.org/webinars/>

July 21

1:00 – 2:00 p.m. Medela Webinar: Nipple Shield. Register at <https://www.medela.us/mbus/for-professionals/Education/Programs/Detail/798>



Breastfeeding Classes

- Peer counselors are available to provide individual breastfeeding classes at all WIC clinics.

Breastfeeding Support

WIC's Breastfeeding Program 601-981-2304
Mississippi Lactation Services, Dr. Christina Glick, M.D. 601-932-6455
The Infant Risk Center 806 352-2519 Dr. Thomas Hale's helpline for medications information
Merit Health Woman's Hospital Lactation Center 601-933-6180 or 601-933-6493

IT WILL
ALL BE
ALRIGHT