



Mississippi MILC League



The Mississippi MILC League stands for Making an Impact in the Lactation Community. The MILC League offers free peer support groups for new and expectant mothers virtually and/or in-person in communities throughout Mississippi. Breastfeeding assistance is provided by certified lactation professionals who facilitate these peer breastfeeding support groups. Most MILC Leagues meet weekly. The Mississippi Breastfeeding Coalition sponsors the MILC League. The goal of the MILC Leagues is to improve breastfeeding rates in Mississippi by offering access to equitable lactation support statewide. Ultimately, it seeks to improve maternal child health in Mississippi and eliminate racial and cultural disparities

through the services offered. MILC Leagues operate in informal settings and are replacing and rebranding former breastfeeding support groups that existed, many of which were negatively impacted by Covid-19, leaving some no longer in operation. They exist throughout the state and plans exist to open additional ones in communities currently unserved. In addition, MILC Leagues share information about other resources available to assist pregnant and breastfeeding mothers. For more information and to find out if a MILC League exists in a specific area of the state, or if you are interested in starting a MILC League, please contact Eliana Glass at eglass@msphi.org.

Free Education

June 11

7:00 p.m. – 8:15 p.m. IABLE Clinic Case Discussion Webinar: A Case of a Lactating Parent with Onset of Thyroid Disease. Register at <https://lacted.org/shop/case202306/>

June 13

2:30 p.m. – 3:30 p.m. IEBFC Monthly Check-In: Register at <https://www.eventbrite.com/e/monthly-check-in-tickets-492773447647>

June 20

Available on Demand. Great Lakes Breastfeeding Webinar: Human Milk and Cannabis Series: Interpreting Hale's Guidance on Lactation and Marijuana, CBD Oils, and Other Noninhaled Marijuana Sources.

Register at <https://mibreastfeeding.org/webinars/>
June 21

1:00 p.m. – 2:00 p.m. Medela Webinar: Building Strong Hearts: Recent Evidence on Human Milk and Direct Breastfeeding for Infants with Critical Congenital Heart Disease (CHD). Register at <https://www.medela.us/mbus/for-professionals/Education/Programs/Detail/854>

Breastfeeding Classes

- Peer counselors are available to provide breastfeeding classes at all **WIC** clinics.

Breastfeeding Support

WIC's Breastfeeding Program 601-981-2304
Mississippi Lactation Services, Dr. Christina Glick, M.D.
601-932-6455
The Infant Risk Center 806 352-2519 Dr. Thomas Hale's
helpline for medications information
Merit Health Woman's Hospital Lactation Center 601-933-
6180 or 601-933-6493
La Leche League of Metro Jackson, MS
<https://www.facebook.com/groups/LLLofMetroJackson/>

Mississippi Breastfeeding Coalition

- Meeting June 8, 2023 at 12:00 p.m. noon. Please join via Zoom. <https://us06web.zoom.us/j/89883773631?pwd=UTZKMHIILdiTXJ3TmQ4NUJaV0xrZz09>
Password: MSBFCJ23

