

MAY
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Breastfeeding Buzz



Mom.ME Offers Support to Moms

Mom.ME is a community support group comprised of moms. This nonprofit organization exists to uplift mothers as well as normalize the struggles of motherhood. Peer led support groups provide mothers a safe place for support and bonding with other mothers. In celebration of Black Maternal Health Week, Mom.ME held a "conversation" conference April 14, 2022 in Jackson, MS having discussions about black maternal health, community care and solutions, collective trauma versus collective healing, trauma during pregnancy and delivery, along with Medicaid in Mississippi and its extension for a year during Covid-19. Mom.ME's mission is to allow mothers to become their best possible selves which ultimately leads to improving the overall functionality of the entire family structure. Mothers are encouraged to focus on the importance of taking care of themselves first. They are taught learning from the mistakes of others will help improve a family's overall functionality. Mothers struggling with maternal mental health are provided resources. A peer support warmline is also available by calling or texting 866-951-5744. All calls are kept confidential, and patients may remain anonymous. Mom.ME has a mentoring program where participating moms can be mentored by peer mentors that are moms of older children. Over the past 18 months, Mom.ME has worked with over 200 mothers across Mississippi and is growing. The PSI Perinatal Psychiatric Consult Line is a consultation line available only to medical professionals for questions regarding the mental health care of pregnant and postpartum patients as well as pre-conception planning at 800-944-4773 ext. 4. Mom.ME is also eager to partner with other healthcare providers and community affiliates to provide the absolute best resources to their mothers. For more information, healthcare providers and patients can visit <https://www.momme.rocks/>.

Free Education

May 9

11:00 a.m. – 12:00 p.m. or 5:00 p.m. – 6:00 p.m. GOLD Lactation Webinar: Online Conference Opening Keynote Presentation: Low Milk Production Detective Work: Assessment and Care Plan Considerations. Register at <https://www.goldlactation.com/conference/speakers/keynote-presentation>

May 10

2:30 p.m. – 3:30 IEBFC Monthly Check-In. Register at https://www.eventbrite.com/e/2022-monthly-check-in-meeting-tickets-238422115967?utm_source=IEBFC+Newsletter+and+Updates&utm_campaign=9a8534f062-EMAIL_CAMPAIGN_2020_03_30_02_49_COPY_25&utm_medium=email&utm_term=0_f709c9fd5f-9a8534f062-679492778mc_cid=9a8534f062&mc_eid=9fbada2e5b

May 17

Available On Demand. Great Lakes Breastfeeding Webinar: Barriers to IBCLC Credentialing for the BIPOC Community. Register at <https://mibreastfeeding.org/webinars/>

May 18

1:00 – 2:00 p.m. Medela Webinar: Safe Handling of Human Milk within Healthcare Facilities. Register at <https://www.medela.us/mbus/for-professionals/Education/Programs/Detail/819>

May 24

12:00 p.m. NACCHO Webinar: Advancing Continuity of Care through Warm Hand-offs & Care Accountability. Register at https://naccho.zoom.us/webinar/register/WN_gCmh0bHLQDy7pxDEMn3cEA?eType=EmailBlastContent&id=e7c44208-6d19-4688-b107-bf999af80d7b

Breastfeeding Emoji Available

According to an Emojipedia survey, "breastfeeding" was one of the top 30 emojis requested in 2016 likely because breastfeeding takes place all hours of the day and night. A breastfeeding emoji is now available showing a woman breastfeeding a baby looking down to the infant and smiling which supports skin tone modifiers. Additional person feeding emojis are also available. Please see picture below.

Breastfeeding Support

WIC's Breastfeeding Program 601-981-2304
Mississippi Lactation Services, Dr. Christina Glick, M.D.
601-932-6455
The Infant Risk Center 806 352-2519 Dr. Thomas Hale's
helpline for medications information
Merit Health Woman's Hospital Lactation Center 601-933-6180 or 601-933-6493



- Peer counselors are available to provide individual breastfeeding classes at all WIC clinics in-person and via Zoom.

