



Breastfeeding Resources

Lactation Services

UMMC Children's of MS Lactation Medicine Clinic
2500 North State Street
Jackson, MS
601-984-5480

Erin Mattingly, IBCLC
7730 Old Canton Rd, Building B
Madison, MS 39110
910-581-0800
erinmattinglyibclc@gmail.com

Empower Therapy and Lactation
Eliza Parsons, OTR/L, CLC
East Central Mississippi
601-281-1430
<https://empowerot.clientsecure.me/>

Magnolia Fed
Jody Wells, MS, RDN, IBCLC
Oxford, MS
662-380-2147
www.magnoliafed.com

Gulf Coast Breastfeeding Center
Maranda Nybo, IBCLC
6340 Kiln Delisle Rd. Unit B
Pass Christian, MS 39571
228-669-5645
www.gulfcoastbreastfeedingcenter.com

Better Beginnings Lactation
Bianca Wooden, IBCLC
Ocean Springs, MS
228-233-0686
www.betterbeginningsms.com

Mother's Milk Bank of Mississippi
4209 Lakeland Drive, #395
Flowood, MS 39232
601-939-5504
www.msmlkbank.org

La Leche League Mississippi Groups
www.lllmlsla.org/lll-groups/mississippi-groups

National Breastfeeding Helpline
The National Women's Health Information Center is available to answer breastfeeding questions in English and Spanish, Monday through Friday from 8:00 am to 5:00 pm.
1-800-994-WOMAN (9662) or 888-220-5446

National Maternal Mental Health Hotline
Pregnant or just had a baby? The Hotline is free, confidential, and available 24/7 in English and Spanish.
1-833-TLC-MAMA Call or Text
mchb.hrsa.gov/national-maternal-mental-health-hotline

Mom.Me
Pregnant or new mom. Mom.Me helps struggling moms to receive individual counseling service at no cost. Peer Support Warm Line is answered live 24 hours. On evenings and weekends please leave a message and they will return your call within 1-12 hours.

1-866-951-5744 Call or Text
www.momme.rocks

Online Reliable Resources

Infant Risk Center
Information about prescription and non-prescription medications and their safety during pregnancy and breastfeeding.
1-806-352-2519
www.infantrisk.com/

The Academy of Lactation Policy and Practice
Find a Certified Lactation Counselor (CLC) near you.
<https://www.alpp.org/>

International Board of Lactation Consultant Examiners (IBLCE)
IBLCE® is an international credentialing body whose mission is to serve the global public interest by advancing professional practice in lactation consultation and support through credentialing.
www.iblce.org

International Lactation Consultant Association ILCA
Is the member association for IBCLC and other healthcare professionals who care for breastfeeding families.
www.ilca.org

U.S. Breastfeeding Committee (USBC)
A non-profit organization that drives collaborative efforts for policy and practices that create a landscape of breastfeeding support across the United States.
www.usbreastfeeding.org

Mississippi CHAMPS
Mississippi Communities and Hospitals Advancing Maternity Practices.
www.cheerequity.org/mississippi-champs

Kelly Mom
This website is developed to provide evidence-based information on breastfeeding and parenting.
www.kellymom.com

HealthyChildren.org
The American Academy of Pediatrics (AAP) parenting website.
www.healthychildren.org/breastfeeding

Baby Friendly USA
www.babyfriendlyusa.org

U.S. Centers for Disease Control of Prevention (CDC)
www.cdc.gov/breastfeeding

WIC Breastfeeding Support
www.fns.usda.gov/wic/wic-breastfeeding-support

Academy of Breastfeeding Medicine
www.bfmed.org

U.S. Department of Health and Human Services
www.womenshealth.gov/breastfeeding

American Academy of Pediatrics
www.aap.org

American Academy of Family Physicians
www.aafp.org

American College of Obstetrics and Gynecology
www.acog.org



Breastfeeding Resources

MS MILC Leagues (Breastfeeding Support Groups)

Free peer support groups for new and expectant mothers virtually or in-person. Support groups are facilitated by certified lactation professionals.
www.msbfbc.org/ms-milc-league.html

Circle of Moms MS MILC League

Virtual Meetings: Tuesday from 10:00 am to 11:30 am
Link: <https://bit.ly/Tue-Circleofmoms>
Virtual Meetings: Thursday from 4:00 pm to 5:00 pm
Link: <https://bit.ly/Thu-Circleofmoms>
Coach: Shellie Evans, CLC 601-572-7722
Email: circleofmomsmilcleague@msbfbc.org
Facebook: <https://www.facebook.com/circleofmomsmilcleague>

Delta MS MILC League

Virtual Meetings: Wednesday from 11:00 am to 1:00 pm
Coach: Maggie Selmon 662-430-1080 - Brittany Isler 662-719-1995
Email: deltamsmilcleague@msbfbc.org
Facebook: <https://www.facebook.com/deltamsmilcleague?mibextid=LQQJ4d>

Washington County Delta MS MILC League

In-person meetings: 3rd Monday from 6:00 pm to 7:30 pm
MS Delta Family Medicine Residency Clinic Didactic Room
300 South Washington Avenue. Greenville, MS 38701
Coaches: Tawanda Hurt 662-378-6040 - Maggie Allen 662-394-0010
Email: thurt@deltahalthsystem.org
Facebook: <https://www.facebook.com/deltamsmilcleague?mibextid=LQQJ4d>

Gulf Coast MS MILC League

In-person Meetings: Wednesday from 9:00 to 10:30 am
6340 Kiln Delisle Rd. Pass Christian, MS 39571
Coaches: Maranda Nybo 228-669-5645
Email: gulfcoastbreastfeeding@gmail.com
Facebook: <https://www.facebook.com/MS.MILC.League>

Jackson County MS MILC League

In-person Meetings: Tuesday from 11:00 am to 12:30 pm
Ina Thompson Moss Point Library
4119 Bellview Avenue. Moss Point, MS 39562
Coach: Tina Fritz 228-382-0716
Email: tina.fritz@mysrhc.com
Facebook: <https://www.facebook.com/MS.MILC.League>

Hancock MS MILC League

In-person Meetings: Tuesday from 12:00 pm to 1:30 pm
Bay St. Louis Public Library
312 US-90. Bay St. Louis, MS 39520
Coaches: Leanne Murray 228-467-2555 - Evelyn Jarvis 501-200-1008
Email: Leanne@hancockwomenscenter.com
Facebook: <https://www.facebook.com/MS.MILC.League>

Picayune MS MILC League

In-person Meetings: Thursday from 10:00 am to 11:30 am
St. Paul's Educational Building
1421 Goodyear Blvd. Picayune, MS 39466
Coach: Deserie J. Richard 601-798-5250
Email: djrpraise1978@yahoo.com
Facebook: <https://www.facebook.com/MS.MILC.League>

Stone County MS MILC League

In-person Meetings: Thursday from 10:00 am to 11:30 am
Memorial Hospital Stone County Meeting Room
1434 East Central Ave. Wiggins, MS 39577
Coaches: Evelyn Jarvis 708-769-7841 - Liz Borrow 757-971-8873
Email: gulfcoastbreastfeeding@gmail.com
Facebook: <https://www.facebook.com/MS.MILC.League>

George County MS MILC League

In-person Meetings: Wednesday from 10:00 am to 11:30 am
City of Lucedale Fine Arts Center
143 Beaver Dam Rd. Lucedale, MS 39452
Coaches: Ashley Johnson 228-218-4068 - Stephanie Gable 228-363-0158
Email: gulfcoastbreastfeeding@gmail.com
Facebook: <https://www.facebook.com/MS.MILC.League>

The Lactating Club MS MILC League

In-person meetings: 1st Thursday at 2:00 pm & 3rd Thursday at 5:30 pm
Meraki Roasting Company
282 Sunflower Ave. Clarksdale MS 38614
Coach: Chelesa Presley 662-609-0707
Email: thelactatingclubmsmilcleague@msbfbc.org
Facebook: <https://www.facebook.com/TLClababycafe>

Oxford MS MILC League

In-person meetings: 1st Friday and 3rd Saturday at 9:30 am
295 Hwy 7 North. Oxford, MS 38655
Coach: Jody Beth Wells 662-380-2147
Email: oxfordmsmilcleague@msbfbc.org - jody@magnoliafed.com
Facebook: <https://www.facebook.com/profile.php?id=100095365052041>

Mississippi WIC Breastfeeding Program

The Mississippi WIC Program provides trained breastfeeding staff to provide education and support to WIC participants, including Peer Counselors and Designated Breastfeeding Experts (DBE). Participant can receive breast pumps and breastfeeding devices free of charge.
1-800-545-6747
[Breastfeeding - Mississippi State Department of Health \(ms.gov\)](http://Breastfeeding - Mississippi State Department of Health (ms.gov))

Pacify App

This app connects with live lactation consultants who are available 24/7 via video to offer breastfeeding support and answer other feeding related questions. Simple and easy to use right from home, no appointments required, and you can call as often as you need to. Check with your health plan or WIC clinic to find out if you are eligible for a free membership. WIC eligible participants can also get their code here: pacify.com/ms-wic.

Regional Breastfeeding Coalitions

Mississippi Breastfeeding Coalition

Info@msbfbc.org
www.msbfbc.org

South Mississippi Breastfeeding Coalition

SMBFC228@gmail.com
www.smbfc.org

East Mississippi Breastfeeding Coalition

emsbfbc@gmail.com
www.facebook.com/EastMississippiBreastfeedingCoalition

Delta Breastfeeding Coalition

<https://deltahealthalliance.org/find-a-program/delta-breastfeeding-coalition/>
wawilson@deltahealthalliance.org