



# Breastfeeding Buzz

November 2019

Volume 2, Issue 11

## BREASTFEEDING CLASSES

### November 5

- 11:00 a.m. Yazoo Co WIC Food Center

### November 12

- 10:00 a.m. Simpson Co. Health Dept.

### November 13

- 10:00 a.m. & 3:00 p.m. Medical Mall

### November 19

- 10:00 a.m. Rankin WIC Food Center

### November 20

- 11:00 a.m. - Madison Co. WIC Food Center

### November 27

- 5:00 p.m. Yazoo Co. WIC Food Center

## BREASTFEEDING SUPPORT

**WIC's Breastfeeding Program**  
601-981-2304

**Mississippi Lactation Services**, Dr. Christina Glick, M.D. 601-932-6455

**The Infant Risk Center** 806 352-2519 Dr. Thomas Hale's helpline for medications information

**Merit Health Woman's Hospital Lactation Center** 601-933-6180 or 601-933-6493

## GROUP SUPPORT

**SIPPS Baby Café** - Thursdays 11:00 a.m. to 1:00 a.m. at Mississippi Urban League

**Mother & Baby Time** - Tuesdays 10:00 a.m. to 11:00 a.m. at Merit Health River Region Hospital

## Breastfeeding and Anesthesia

Often breastfeeding mothers are instructed to pump and dump for 24 hours following anesthesia. Current evidence shows this recommendation is not usually necessary and that generally, the mother can resume breastfeeding once she is awake, stable, and alert post-surgery. According to *Anesthesiology* 10 2017, Vol. 127, A15, the following are anesthesia medications along with other drugs commonly used in surgical and post-operative patients which are compatible with breastfeeding: Midazolam, Fentanyl (single dose IV), Ondansetron, Dexamethasone, Metoclopramide, Propofol, Etomidate, Volatile anesthetics, Succinylcholine, NMBAs, Neostigmine/glycopyrrolate, Lidocaine, and Bupivacaine. Meperidine should be avoided. Morphine and Hydromorphone need close monitoring for breastfeeding mothers. No data is available for Ketamine.

## FREE EDUCATION

### November 12

1:00 - 2:00 p.m. NAACHO Webinar: Key Community Partners in Establishing Breastfeeding Continuity of Care: Community Health Centers Webinar Register at [https://naccho.zoom.us/webinar/register/WN\\_DRj4BsmRSrqZofYsxpPLTw](https://naccho.zoom.us/webinar/register/WN_DRj4BsmRSrqZofYsxpPLTw)

### November 13

12:00 - 1:00 p.m. CHAMPS Webinar: The BFUSA On Site Assessment: Experiences and Advice from CHAMPS Hospitals. Join at <https://meetingvisuals.webex.com/meet/pr22057465>

### November 18

9:00 - 10:00 a.m. GOLD OBGYN Online Conference Closing Keynote Presentation: Breastfeeding and Medication: Are They Compatible? Register at <https://www.goldobgyn.com/conference/speakers/closing-keynote-presentation>.

### November 19

12:00 - 1:00 p.m. Great Lakes Breastfeeding Webinar - Breastfeeding in the Child Care Setting Register at <https://register.gotoweinar.com/register/888911008472172301>.

### November 20

1:00 - 2:30 p.m. USBC Power Tools for Coalitions Webinar Series. Register at <https://register.gotoweinar.com/register/1354496437132101122>.

1:00 - 2:00 p.m. Medela Webinar: Wrong

Route Error in the NICU: Protecting Patients and Clinicians. Register at <https://www.medelabreastfeedingus.com/professionals/Education/Programs/Detail/722>

### November 26

1:00 - 2:30 p.m. USBC Racial Equity Webinar Series. Register at <https://register.gotoweinar.com/register/8175514735082416130>.

## Judy Ellzey Wins 2019 MPHA Breastfeeding Award

Congratulations to Judy Hedgepeth Ellzey, CLC who won the 2019 Mississippi Public Health Association (MPHA) Tawanda Ferrill Breastfeeding Award from the Nutrition Section at the MPHA Conference October 17, 2019. Not only does she work as a Peer Counselor 3 and Special Projects Officer for WIC's Breastfeeding Program covering five counties, but she also organized and leads the MISS-LOU breastfeeding support group in Natchez, MS and volunteers at the Circle of Moms' Baby Café cluster locations.

**YOUR MILK IS A DAILY VACCINE AGAINST EVERY VIRUS YOU COME INTO CONTACT WITH.**

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