



BREASTFEEDING BUZZ

October 2024
Volume 8 Issue 10

Free Education

October 7

11:00 a.m. – 12:00 p.m. GOLD Learning Labor & Delivery Online Symposium Keynote Presentation 2024: Vitamin K for Newborns: Unraveling Social Media Myths from Research-Based Facts. Register at https://docs.google.com/forms/d/e/1FAIpQLSev9Ow4Xdtr3TEAMg8IsGVx0Bf2QhM_E_ZAVgdCtK5zknQtig/viewform

October 8

9 a.m. – 11 a.m. Center for Public Health Continuing Education University at Albany/State University of New York Breastfeeding Grand Rounds: The Impact of Social Media on Breastfeeding/Chestfeeding. Register at <https://www.albany.edu/impact-social-media-breastfeedingchestfeeding>
1:00 p.m. – 2:00 p.m. Medela QI Webinar Series: Using a Diversity, Equity, & Inclusion Lens to Impact QI Disparities in the NICU with Rose Horton. Register at <https://register.gotowebinar.com/register/5531533487599270486>
2:30 p.m. – 3:30 p.m. IEBFC Virtual Monthly Check-In. Register at <https://www.iebreastfeeding.org/>

October 16

12:00 p.m. – 1:00 p.m. IABLE Webinar: The Clinician Teacher in Breastfeeding and Lactation Medicine: A Healthcare Series: Baby Friendly Hospital Initiative Part 1: Importance and Challenges to BFHI Certification. Register at <https://lacted.org/shop/clinician202410/>

Training Course to Take CLC Exam is Now Worth 95 Contact Hours

Completing the Lactation Counselor Training Course by The Healthy Children Project, Inc.'s Center for Breastfeeding is required for participants to sit for the CLC examination, which is well recognized as the premier national certification in lactation management in the U.S. administered by the Academy of Lactation Policy and Practice (ALPP). It is a comprehensive, evidence-based, college level, breastfeeding management course. The Healthy Children Project, Inc. reviewed the historically 52-hour course in March 2024 and determined effective April 1, 2024, 95 hours should now be awarded for completing this education curriculum. Dr. Kajsa Brimdyr remarked, "The historic 52-hour time frame reflected the didactic hours when training was occurring in-person, and did not take into account the 'invisible' aspects of the course which, now that the course is in a hybrid format, can be documented." This is particularly significant for those wishing to sit for the International Board of Lactation Consultant Examiners ("IBCLC") exam as they can now apply the contact hours received through this course to the continuing education hours required to sit for the IBCLC exam. CLC certification alone is very significant because it means the person has received training and competency verification in breastfeeding and feeding process, providing corrective interventions, counseling mothers, understanding and applying knowledge of milk production including in special circumstances and other commonly encountered situations. The course prepares participants for professional work in hospital, public health, and community settings. Over 23,000 CLCs exist in the U.S. and abroad. Participants have 6 months to complete the 95-hour course unless their funding source requires an earlier deadline. Finally, note that while the hours awarded for completing this exam increased, tuition did not increase.

Breastfeeding Support

WIC's Breastfeeding Program 601-981-2304
The Infant Risk Center 806 352-2519
Dr. Thomas Hale's medication helpline
La Leche League of Metro Jackson, MS
<https://www.facebook.com/groups/LLLofMetroJackson/>
Merit Health Woman's Hospital Lactation Center 601-933-6180
MS MILC Leagues For locations and information, see <https://www.msbf.org/ms-milc-league.html>
UMMC Children's of MS Lactation Medicine Clinic 601-984-5480

Mississippi Breastfeeding Coalition

Meeting: October 10, 2024 at 12:00 p.m. Please join via Teams at <https://bit.ly/MSBFCmeeting>

