



Making an Impact in the Lactation Community 2023 Conference

The Mississippi Breastfeeding Coalition and the Mississippi Public Health Institute are sponsoring the third Making an Impact in the Lactation Community (MILC) Conference. This year, the conference will be held in-person for the first time with limited space available for a virtual option. The conference will take place October 19-20, 2023 at the Embassy Suites in Ridgeland, MS. The MILC Conference is an opportunity to learn about the latest evidence-based lactation practices in the field of lactation to better serve the breastfeeding families and babies in our community. Registration will open September 5. CERPS for lactation professionals have been applied for. For more information, visit the Mississippi Breastfeeding Coalition on Facebook, Instagram, or at <https://www.msbfc.org/>.

Mississippi MILC Leagues Opens Newest Location in Oxford, MS

The Mississippi Breastfeeding Coalition sponsors the five Mississippi MILC Leagues that are now currently active in the state with the newest one having opened in late July in Oxford, MS. These Mississippi MILC Leagues offer peer support groups for new and expectant mothers in-person or virtually at no cost in communities statewide. For more information on the Oxford, MS MILC League, visit <https://sites.google.com/magnoliafed.com/magnoliafamilynutrition/resources?authuser=0>. Since Baby Cafes no longer exist in Mississippi, the MILC Leagues have filled the void and can provide peer support groups facilitated by certified lactation professionals to improve breastfeeding rates by offering access to equitable lactation support. The current MILC Leagues are: MS Delta MILC League, Gulf Coast MS MILC League, Circle of Moms MILC League (in Crystal Springs, MS), The Lactation Club MS MILC League (Clarksdale, MS), and Oxford, MS MILC League. For more information, visit <https://www.msbfc.org/ms-milc-league.html>.

Free Education

September 12

2:30 p.m. – 3:30 p.m. IEBFC Monthly Check-In: Register at <https://www.eventbrite.com/e/monthly-check-in-tickets-492773447647>

September 14

12:00 p.m. – 1:00 p.m. Springer Publishing Webinar: Live Q&A with Dr. Hale and Dr. Krutsch: Unlocking Insights from Lactational Pharmacology Experts. Register at https://us02web.zoom.us/webinar/register/3416923744679/WN_aB7CyT6fSzezGvLfvpBI5g#/registration

September 17

7:00 p.m. – 8:15 p.m. IABLE Clinical Case Discussion Webinar: A Case of Antenatal Counseling on Lactation for a Pregnant Person with Bipolar Disorder. Register at <https://lacted.org/shop/case202309/>

September 19

Available on Demand. Great Lakes Breastfeeding Webinar: Human Milk and Cannabis Series: Traditional Practices in BIPOC communities. Register at <https://mibreastfeeding.org/webinars/>

September 20

12:00 p.m. – 2:00 p.m. IABLE Webinar: The Clinician Teacher in Breastfeeding and Lactation Medicine: A Healthcare Series
Small Steps, BIG Gains: An Outpatient Breastfeeding Toolkit for NICU Graduate Dyads. Register at <https://lacted.org/shop/clinician202309/>
1:00 p.m. – 2:00 p.m. Medela Webinar: Breastfeeding Potion, Protection, and Support: Why We Do It and Why It's So Hard to Do. Register at <https://www.medela.us/mbus/professionals/Education/Programs/Detail/856>

Breastfeeding Support

WIC's Breastfeeding Program 601-981-2304
Mississippi Lactation Services, Dr. Christina Glick, M.D.
601-932-6455
The Infant Risk Center 806 352-2519 Dr. Thomas Hale's
helpline for medications information
Merit Health Woman's Hospital Lactation Center 601-933-6180 or 601-933-6493

Breastfeeding Classes

- Peer counselors are available to provide individual breastfeeding classes at all WIC clinics

